

MULTIPURPOSE BLADE FOR SUPERFOOD EXTRACTION!



NutriPro 1000

Multipurpose Blade For Superfood Extraction

The unique multipurpose blade chops, crushes and extracts

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Please read all of the instructions carefully and retain for future reference.

Safety Instructions

When using electrical appliances, basic safety precautions should always be followed.

Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply.

Children aged from 8 years and people with reduced physical, sensory or mental capabilities or lack of experience and knowledge can use this appliance, only if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

Children should be supervised to ensure that they do not play with the appliance.

Unless they are older than 8 and supervised, children should not perform cleaning or user maintenance.

This appliance is not a toy.

This appliance contains no user serviceable parts. If the power supply cord, plug or any part of the appliance is malfunctioning, or if the appliance has been dropped or damaged, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm. Keep the appliance and its power supply cord out of reach of children.

Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage.

Keep the appliance away from heat emitting appliances. Keep hands, fingers, hair and any loose clothing away from the rotating tools of the appliance.

Do not touch any moving parts on this appliance during use, as this could cause injury.

Do not immerse the appliance in water or any other liquid. Do not operate the appliance with wet hands.

Do not use broken or loose cutting or rotating blades.

Do not overload the appliance; only fill up to the maximum level marked on the appliance as the mixture level may rise during blending.

Do not leave the appliance unattended whilst connected to the mains power supply.

Do not remove the appliance from the mains power supply by pulling the cord; switch it off and remove the plug by hand.

Do not use the appliance for anything other than its intended use.

Do not use any accessories other than those supplied.

Do not use this appliance outdoors.

Do not store the appliance in direct sunlight or in high humidity conditions.

Do not move the appliance whilst it is in use.

Do not place boiling water or very hot liquid in the appliance.

Always unplug the appliance after use and before any cleaning or user maintenance.

Use of an extension cord with the appliance is not recommended.

This appliance should not be operated by means of an external timer or separate remote control system, other than that supplied with this appliance.

This appliance is intended for domestic use only. It should not be used for commercial purposes.

Warning: Do not touch sharp blades.

Getting Started

Remove the appliance from the box.

Remove any packaging from the appliance.

Place the packaging inside the box and either store or dispose of safely.

In the Box

NutriPro 1000 Blender base unit

6-blade lid attachment

1 litre blending cup

2 x 800 ml blending cups

2 easy-drink lids

2 storage lids

Features

1000-1200 W – high power offers a faster and more effective way of extracting nutrients Up to a massive 1 litre – a larger capacity allows for more healthy fruit, vegetables and superfoods to be packed into your super smoothies

The unique multipurpose blade design enables maximum vitamin and nutrient release, whilst still being able to effectively chop and crush ice

Description of Parts



Introduction

The NutriPro1000 Blender is versatile and compact, making it perfect for those on the go. It makes light work of crushing ice, chopping and blending as well as nutrient and vitamin extraction. With 1000 W power the NutriPro1000 Blender is quick and powerful, meaning that delicious drinks can be made even smoother and faster.

Instructions for Use

Before First Use

Before using the NutriPro1000 Blender for the first time, wash all of the accessories in warm, soapy water, then rinse and dry thoroughly. Wipe the NutriPro1000 Blender base unit with a soft, damp cloth and allow to dry thoroughly.

Do not immerse the NutriPro1000 Blender base unit in water or any other liquid. **Note:** When using the NutriPro1000 Blender for the first time, a slight odour may be emitted. This is normal and will soon subside. Ensure that there is sufficient ventilation around the NutriPro1000 Blender.

Using the NutriPro1000 Blender

Ensure that the NutriPro1000 Blender is unplugged from the mains power supply. Place the NutriPro1000 Blender base unit onto a flat, stable surface, at a height which is comfortable for the user.

Place the ingredients into the desired blending cup, ensuring that they do not exceed the maximum fill mark.

Pour a small amount of liquid into the blending cup; this will help to blend the ingredients.

Secure the six-blade lid attachment onto the blending cup by twisting it in a clockwise direction.

Plug in and switch on the NutriPro1000 Blender at the mains power supply. To pulse blend the ingredients, invert the blending cup so that the six-blade lid attachment is facing downwards, align the three tabs with the corresponding slots in the NutriPro1000 Blender base unit and then push it down.

For a continuous blend, press the blending cup down and twist it in a clockwise direction to lock it into position. To stop blending, twist the blending cup in an anticlockwise direction and lift it up and away from the NutriPro1000 Blender base unit.

Switch off and unplug the NutriPro1000 Blender from the mains power supply. Remove the six-blade lid attachment by twisting it in an anticlockwise direction and then replace it with either the easy-drink lid or storage lid as required.

Note: Ensure that the lid is securely fitted before use.

Note: To prevent the NutriPro 1000 Blender from overheating, do not blend dry ingredients for more than 30 seconds at a time.

Note: If the blades are not running smoothly, stop the NutriPro 1000 Blender and carefully remove the six-blade lid attachment. Add a small amount of cold liquid or reduce the quantity of the ingredients in the blending cup.

Note: When mixing liquid, use a tall container or blend small quantities at a time to reduce spillage, splattering and the possibility of injury from scalding.

Caution: Take care when handling the six-blade lid attachment, as the blades may get hot during use.

Warning: Do not blend warm or hot liquid or food, as this may cause a pressure build-up, which could cause serious injury.

Warning: Do not blend for long periods of time. Maximum operation time is 30 seconds; allow the NutriPro 1000 Blender to cool for 1 minute before using it again. Using the NutriPro 1000 Blender for longer than 30 seconds at a time will cause the temperature to increase, which may in turn lead to a pressure build-up. If this happens, switch off and unplug the NutriPro 1000 Blender from the mains power supply and allow it to cool thoroughly before attempting to remove the six-blade lid attachment. Do not immerse the blending cup in cold water at this time.

Warning: Do not exceed the maximum fill mark when hadding ingredients to the blending

cup, as this could cause spillage and may damage the NutriPro 1000 Blender.

Warning: Do not operate the NutriPro 1000 Blender if the blending cup is cracked,

Warning: Do not operate the NutriPro 1000 Blender if the blending cup is cracked, broken or empty.

Handy Hint

If the ingredients do not blend evenly, remove the blending cup from the NutriPro 1000 Blender base unit. Shake the blending cup to redistribute the ingredients and then blend once more.

Suggested Uses for the Blending cups

Purpose	Suggested Blending cup	Type of Food
Chopping	800 millilitre 1 litre	Nuts Chocolate
Grating	800 millilitre	Cheese Bread crumbs
Mixing	800 millilitre 1 litre	Batter Dips
Sauces	800 millilitre 1 litre	Vinaigrettes Salad dressings Simple sauces
Frozen Blending	800 millilitre 1 litre	lce Frozen fruit Ice cream
Nutrient/Super Smoothies	800 millilitre 1 litre	

Care and Maintenance

Always ensure that the NutriPro1000 Blender is unplugged from the mains power supply before performing any cleaning or user maintenance.

Wash all of the parts, except the NutriPro1000 Blender base unit and the six-blade lid attachment in warm, soapy water, then rinse and dry thoroughly.

Using extreme caution, clean the blades with a brush and dry carefully.

Wipe the NutriPro1000 Blender base unit with a soft, damp cloth and allow to dry thoroughly.

Never immerse the NutriPro1000 Blender base unit in water or any other liquid. Do not use harsh or abrasive scourers to clean the NutriPro1000 Blender, as this could cause damage.

The NutriPro1000 Blender is not suitable for use in a dishwasher.

Warning: Handle the six-blade lid attachment with care, as the blades are extremely sharp. Exercise caution when cleaning.

Storage

Reassemble the NutriPro1000 Blender before storing. Ensure that the NutriPro1000 Blender is cool, clean and dry. Store in a cool, dry place.

Specification

Product code: EK2002

Operating voltage: 220-240 V ~ 50 Hz

Power: 1000-1200 W

Troubleshooting

Symptom	Possible Cause	Solution
The NutriPro1000 Blender will not operate.	The NutriPro1000 Blender is not connected to the mains power supply.	Plug in and switch on the NutriPro1000 Blender at the mains power supply.
	The six-blade lid attachment is not correctly secured to the blending cup.	Ensuring that the threads are correctly aligned, twist the six-blade lid attachment in a clockwise direction until it is secure.
The required lid will not secure to the blending cup.		Position the blending cup on a level surface and attach the required lid to the top of the blending cup, ensuring that the threads are correctly aligned. Twist the required lid in a clockwise direction until it is secure,
The drink still contains lumps.	There are too many ingredients in the blending cup.	Reduce the amount of ingredients in the blending cup.
The drink is watery and lacking flavour.	The ingredients have been overblended.	Use the NutriPro 1000 Blender to pulse blend ingredients in short bursts for the best results.
Ice will not crush properly and produces ice dust instead.		For the best results, use ice straight from the freezer.
The blending cup is leaking.	The required lid is not correctly secured to the blending cup.	Ensuring that the threads are correctly aligned, twist the required lid in a clockwise direction until it is secure.
The ingredients do not blend well.		Use the NutriPro1000 Blender to pulse blend ingredients in short bursts for the best results.
		For frozen ingredients, pulse blend in short bursts of approximately 2–5 seconds.

How To Create All Of Our Delicious Drinks And Smoothies

Method

Chop any large ingredients into small pieces, to help with the blending process.

Place all of the ingredients into the large blending cup and then add the six-blade lid attachment.

Invert the blending cup and position it on the NutriPro1000 Blender base unit.

Blend until the drink reaches the desired consistency. Remove the blending cup from the NutriPro1000 Blender base unit and then detach the six-blade lid attachment.

Either drink straight from the blending cup by attaching the easy-drink lid or replace with the storage lid and refrigerate until ready to drink.

50 Healthy Recipes To Get You Started



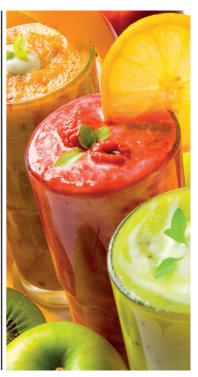
Nuts about Nutrition

Ingredients

10 raw cashew nuts 5 walnuts, halved 2 handfuls kale 1 orange ½ red bell pepper ½ avocado

½ tsp pure vanilla extract

Top up with water to the maximum fill mark



Berry Chocanana Krush

Ingredients

10 almonds 2 handfuls kale 1 cup blackberries ½ cup cooked black beans ½ banana 2 tbsp raw cacao Top up with water to the maximum fill mark



Morning Zing Zinger

Ingredients

2 handfuls spinach 1 apple, sliced 1 tbsp olive oil

1/4 cup whole rolled oats

Top up with water to the maximum fill mark



Kapow Papow Zinger

Ingredients

2 handfuls spinach

2 tbsp sesame seeds 1 banana

1 cup papaya

1/4 cup rolled oats

Top up with water to the maximum fill mark





Berry Chocacado Bliss

Ingredients

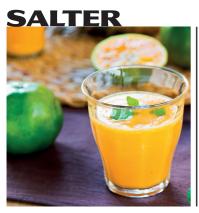
2 handfuls spinach 2 tbsp raw cacao powder 1 cup blueberries ½ avocado Top up with water to the maximum fill mark



Wild Thing (You Make My Juice Zing)

Ingredients

2 tbsp sunflower seeds
1 cup strawberries
1 handful spinach
1 handful parsley
1 tbsp sesame seeds
½ orange
Top up with water to the maximum fill mark



Skin Glow Refresher

Ingredients

10 walnuts 2 handfuls spinach 1 cup papaya

½ avocado

Top up with water or almond milk to the maximum fill mark



Chanana Cha-Cha-Cha

Ingredients

10 walnuts 2 handfuls spinach

1 banana

1 cup cherries (pits removed)

Top up with water or almond milk to the maximum fill mark

Citrus Aid

Ingredients

2 cm ginger 2 tbsp honey 1 orange ½ lemon ½ lime Sea salt Top up with water to the maximum fill mark



Tropical Glow Go-Go-Go

Ingredients

2 handfuls spinach 2 tbsp sunflower seeds 1 cup papaya 1 cup pineapple Top up with water to the maximum fill mark



Na-Na-Nature's Cure

Ingredients

10 walnuts 2 handfuls spinach ½ avocado ½ banana

Top up with water to the maximum fill mark



Caulifornia Krush

Ingredients

2 handfuls kale 2 brasil nuts

1 apple

½ cup blackberries

½ cup cauliflower

Top $\dot{\text{up}}$ with water to the maximum fill mark





On the Go-Go-Go

Ingredients

10 almonds
2 handfuls spinach
1 banana
½ cup cherries (pits removed)
½ cup blueberries
Top up with water to the maximum fill mark



Very Verde Vitalitea

Ingredients

2 handfuls spinach 1 apple Juice of ½ lime Top up with water or unsweetened green tea to the maximum fill mark

OMG Vitalitea

Ingredients

2 handfuls spinach 1 banana ½ courgette Top up with chilled, unsweetened green tea to the maximum fill mark

Rice Carb-Boom

Ingredients

2 handfuls spinach

1 banana

1 brasil nut

½ orange, peeled

½ cup cooked brown rice

Top up with almond milk to the maximum fill mark



Verde Va-Va-Voom

Ingredients

2 handfuls kale

1 cup shredded cabbage

1 cup pineapple

1 tbsp sunflower seeds

½ avocado

Top up with water to the maximum fill mark



Very Berry Bliss

Ingredients

2 handfuls turnip greens or kale
½ avocado
½ cup blueberries
½ cup raspberries
½ cup blackberries
Top up with water or unsweetened green tea
to the maximum fill mark



Lean, Green, Cleansing Machine

Ingredients

2 handfuls round lettuce 1 small, raw new potato, cut into quarters 1 kiwi fruit, peeled ½ cup pineapple Top up with water or coconut water to the maximum fill mark



Sweet Potatolicious

Ingredients

5 walnuts, halved

2 handfuls lettuce

2 mediool dates

2 tsp cinnamon

½ steamed sweet potato (skin included)

½ orange (peeled)

Top up with water to the maximum fill mark





A Spice Surprise

Ingredients

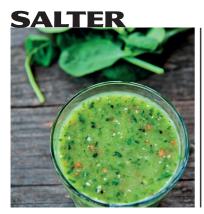
2 handfuls lettuce
1 ripe pear (skin on)
1 tsp cinnamon
1½ cm slice peeled ginger root
½ banana
½ tsp nutmeg
Top up with water or almond milk
to the maximum fill mark



Carrobabbage Cleanser

Ingredients

2 handfuls spinach 2 tbsp flax or chia seed 1 banana 1 carrot, quartered 1 cup shredded cabbage 1/4 cup blueberries Top up with water to the maximum fill mark



Brainiac Boost Juice

Ingredients

2 handfuls turnip or collard greens

1 banana

1 tbsp sunflower seeds

1 tbsp flax seed

½ cup sprouted lentils

½ cup cantaloupe melon

Top up with water to the maximum fill mark



Cinnamorning Motivator

Ingredients

2 handfuls spinach 2 tsp cinnamon 1 cup blackberries ½ avocado ¼ cup rolled oats

Top up with water to the maximum fill mark

Keep it in Mind

Ingredients

10 almonds 2 apricots 2 handfuls spinach 1 tbsp sunflower seeds ½ avocado Top up with water to the maximum fill mark



Thanks for the Memories

Ingredients

10 almonds 2 tbsp chia or flax seed 1 handful kale 1 handful spinach ½ steamed sweet potato Top up with water to the maximum fill mark



Lean n' Green

Ingredients

12 almonds

2 handfuls kale

1 cup broccoli

1 tsp cinnamon

½ banana

½ cup blueberries

Top up with water to the maximum fill mark



Pumpkin Powerhouse

Ingredients

12 almonds

2 handfuls spinach

1 banana

1/4 cup pumpkin seeds

Top up with almond milk to the maximum fill mark





Berry Nutri-Rich Vitamix

Ingredients

10 raspberries
10 red seedless grapes
2 small broccoli florets
1 tbsp goji berries
1 tsp olive oil
½ small avocado
¼ small beet
Top up with water to the maximum fill mark



Homosapiblend

Ingredients

15 blueberries
10 red seedless grapes
2 small broccoli florets
1–2 tbsp olive oil
½ cup of pumpkin seeds
½ small beet
Top up with water to the maximum fill mark

Dude-ilicious Energiser

Ingredients

1 banana

1 handful kale

1 handful spinach

1/4 cup hazelnuts

1/4 pumpkin seeds

Top up with water to the maximum fill mark



Berry Chokale Powerhouse

Ingredients

10 cashew nuts

2 tbsp raw cacao

2 handfuls kale

½ cup raspberries

½ cup blueberries

1/4 cup wheat bran

Top up with water to the maximum fill mark

Wakey, Wakey Shakey

Ingredients

2 handfuls spinach 1 cup watermelon, seeded ½ cup grapefruit Top up with water to the maximum fill mark



Flower Power Hippy Shake

Ingredients

2 handfuls kale
½ steamed sweet potato
½ cup sunflower seeds
Top up with water or almond milk
to the maximum fill mark



Earth Angel Bone Booster

Ingredients

10 almonds 2 handfuls spinach

1 banana

1 tbsp blackstrap molasses

½ orange

Chia or flax seeds

Top up with water to the maximum fill mark



Blueberry Bone Booster

Ingredients

12 almonds 2 handfuls spinach 1 cup blueberries 1 tbsp flax seeds

½ avocado

Top up with water or almond milk to the maximum fill mark





Va-Va-Voom Bone Booster

Ingredients

12 almonds
1 handful spinach
1 handful kale
½ avocado
½ orange
½ cup chia seeds
Top up with almond milk
to the maximum fill mark



Cherry Aid

Ingredients

12 almonds 2 handfuls kale 1 cup steamed sweet potato 1 cup cherries 1 tbsp olive oil Top up with water or almond milk to the maximum fill mark



Power Breakfast Blitz

Ingredients

2 handfuls spinach 1–2 tbsp plant protein powder (spirulina, pea, hemp, rice, soy) 1 banana 1 orange (peeled) 1 carrot

¼ cup pumpkin seeds
Top up with water or dairy alternative
(almond, soy or rice milks) to the maximum fill mark



Skip to the Beet

Ingredients

2 handfuls spinach
1 apple, seeds removed
1 lemon, peeled
1 beet, cut into cubes
Top up with water to the maximum fill mark

Fighting Fit Energiser

Ingredients

5 walnuts, halved 2 handfuls spinach 1 banana 1 tbsp flax seeds Top up with water or almond milk to the maximum fill mark



Full Steam Ahead

Ingredients

2 handfuls kale
1 handful blueberries
1 cored apple
1 tbsp flax seeds
½ avocado
¼ cup gluten free rolled oats
Top up with water or dairy alternative
(almond, soy or rice milks) to the maximum fill mark



Apple Verde Vitamix

Ingredients

2 handfuls kale 1½ cm slice of ginger, peeled 1 apple

1 lemon, peeled

Top up with water to the maximum fill mark



Grass Root Refresher

Ingredients

3 spears of asparagus 2 handfuls spinach 1 apple, cut into chunks 1 head of broccoli

Top up with water to the maximum fill mark





Apple Verde Refresher

Ingredients

3 stalks celery 1 apple, seeds removed Juice from 1 lemon Top up with water to the maximum fill mark



Sweet Dream Elixir

Ingredients

12 cashews 2 dates 1 tsp cinnamon ½ cup cooked oatmeal Top up with almond milk to the maximum fill mark

Sweet Dream Sipper

Ingredients

2 handfuls spinach 1 cup watermelon 1/4 pumpkin seeds Top up with water to the maximum fill mark



Apple Verde Zingerade

Ingredients

5 walnuts, halved 2 handfuls spinach

2 tsp cinnamon

1 red apple, cored and cut into chunks

½ avocado

Top up with water or almond milk to the maximum fill mark

* Any recipe images used in this instruction manual are intended for illustrative purposes only.

Chocolate Almond Sipper

Ingredients

2 tbsp raw cacao 1 ½ cup almond milk ¼ goji berries 1/4 cup almonds



Young at Heart

Ingredients

5 walnuts, halved 2 handfuls spinach 1 medium nectarine ½ avocado ½ cup blueberries Top up with water to the maximum fill mark



Connection To The Mains

Please check that the voltage indicated on the product corresponds with your supply voltage.

Important

As the colours in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug, please proceed as follows: The wires in the mains lead are coloured in accordance with the following code:

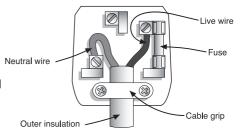
Blue Neutral (N)

Brown Live (L)

FOR UK USE ONLY - Plug fitting details (where applicable).

The wire coloured **BLUE** is the **NEUTRAL** and must be connected to the terminal marked **N** or coloured **BLACK**.

The wire coloured **BROWN** is the **LIVE** wire and must be connected to the terminal marked **L** or coloured **RED**.



On no account must either the **BROWN** or the **BLUE** wire be connected to the **EARTH** terminal $(\stackrel{\bot}{=})$.

Always ensure that the cord grip is fastened correctly.

The plug must be fitted with a fuse of the same rating already fitted and conforming to BS 1362 and be ASTA approved.

If in doubt, consult a qualified electrician who will be pleased to do this for you.

Non-Rewireable Mains Plug

If your appliance is supplied with a non-rewireable plug fitted to the mains lead and should the fuse need replacing, you must use one that is ASTA approved one (conforming to BS 1362 of the same rating).

If in doubt, consult a qualified electrician who will be pleased to do this for you. If you need to remove the plug, **DISCONNECT IT FROM THE MAINS**, then cut it off the mains lead and immediately dispose of it safely. Never attempt to reuse the plug or insert it into a socket outlet as there is a danger of an electric shock.

UP Global Sourcing, Victoria Street, Manchester OL9 0DD. UK.

If this product does not reach you in an acceptable condition please contact our Customer Services Department by one of the following methods:

Telephone: 0161 934 2240*

*Telephone lines are open Monday – Friday, 9 am–5 pm (Closed Bank Holidays)

Email: customercare@upgs.com

Fax: 0161 628 2126

Please have your delivery note to hand as details from it will be required.

If you wish to return this product, please return it to the retailer from where it was purchased with your receipt (subject to their terms and conditions).

Guarantee

This product is guaranteed for a period of 1 year from the date of purchase against mechanical and electrical defects.

This guarantee is only valid if the appliance is used solely for domestic purposes in accordance with the instructions and provided that it is not connected to an unsuitable electricity supply or dismantled or interfered with in any way or damaged through misuse. Under this guarantee we undertake to repair or replace free of charge any parts found to be defective. Reasonable proof of purchase must be provided.

Nothing in this guarantee or in the instructions relating to this products excludes, restricts or otherwise affects your statutory rights.

In line with our policy of continuous development we reserve the right to change this product, packaging and documentation specification without notice.

Consumables are not guaranteed i.e. plug and fuse.

The crossed out wheelie bin symbol on this item indicates that this appliance needs to be disposed of in an environmentally friendly way when it becomes of no further use or has worn out. Contact your local authority for details of where to take the item for recycling.



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