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NUTRISLIM 700 W

A FAST AND SIMPLE WAY TO PREPARE NUTRIENT RICH JUICES

SALTER®
NUTRISLIM
700 W

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Please read all of the instructions carefully and retain for future reference.

Safety Instructions

When using electrical appliances, basic safety precautions should always be followed.

Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply.

Children aged from 8 years and people with reduced physical, sensory or mental capabilities or lack of experience and knowledge can use this appliance, only if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

Children should be supervised to ensure that they do not play with the appliance.

Unless they are older than 8 and supervised, children should not perform cleaning or user maintenance.

This appliance is not a toy.

This appliance contains no user serviceable parts. If the power supply cord, plug or any part of the appliance is malfunctioning, or if the appliance has been dropped or damaged, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm.

Keep the appliance and its power supply cord out of reach of children.

Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage.

Keep the appliance away from heat emitting appliances.

Keep hands, fingers, hair and any loose clothing away from the rotating tools of the appliance.

Do not touch any moving parts on this appliance during use, as this could cause injury.

Do not immerse the appliance in water or any other liquid.

Do not operate the appliance with wet hands.

Do not use broken or loose cutting or rotating blades.

Do not leave the appliance unattended whilst connected to the mains power supply.

Do not remove the appliance from the mains power supply by pulling the cord; switch it off and remove the plug by hand.

Do not use the appliance for anything other than its intended use.

Do not use any accessories other than those supplied.

Do not use this appliance outdoors.

Do not store the appliance in direct sunlight or in high humidity conditions.

Do not move the appliance whilst it is in use.

Do not place boiling water or very hot liquid in the appliance.

Always unplug the appliance after use and before any cleaning or user maintenance.

Use of an extension cord with the appliance is not recommended.

This appliance should not be operated by means of an external timer or separate remote control system, other than that supplied with this appliance.

This appliance is intended for domestic use only. It should not be used for commercial purposes.

Warning: Do not touch sharp blades.

Getting Started

Remove the appliance from the box.

Remove any packaging from the appliance.

Place the packaging inside the box and either store or dispose of safely.

In the Box

NutriSlim 700 W power base

Stainless steel cross blade attachment

Two 450 ml BPA-free bottles

Two drink lids

Instruction manual

Features

700 W power

Stainless steel cross blade attachment

Two 450 ml capacity BPA-free bottles

Two drink lids

Sleek, slimline design that is lightweight, compact and shatter-resistant

Easy to carry and use for an active lifestyle

Description of Parts

Stainless steel
cross blade
attachment



Drink lid(s)



Blender
power base



450 ml BPA-free
blending bottle(s)

Introduction

The NutriSlim 700 W is a lightweight, compact and shatter-resistant design. Featuring a stainless steel cross blade attachment and 700 W power, it is a fast and simple way to prepare nutrient rich juices and drinks, making it ideal for an active lifestyle.

Instructions for Use

Before First Use

STEP 1: Ensure that the blender is switched off and unplugged from the mains power supply.

STEP 2: Wipe the blender power base with a soft, damp cloth and dry thoroughly.

STEP 3: Wash all of the parts, except the blender power base in warm, soapy water, taking particular care with the blades, to avoid injury from sharp edges. Rinse and allow to dry thoroughly.

Do not immerse the blender power base in water or any other liquid. Never use harsh or abrasive cleaning detergents or scourers to clean the blender or its accessories, as this could cause damage.

Note: When using the blender for the first time, a slight smoke or odour may be emitted. This is normal and will soon subside. Ensure that there is sufficient ventilation around the blender.

Using the NutriSlim 700 W

STEP 1: Ensure that the blender is unplugged from the mains power supply.

STEP 2: Place the blender power base onto a flat, stable surface, at a height that is comfortable for the user.

STEP 3: Chop the ingredients to be blended into small pieces no larger than approximately 2 cm and then place them into the blending bottle, ensuring that the maximum fill mark is not exceeded.

STEP 4: Pour a small amount of liquid into the blending bottle; this will help to blend the ingredients.

STEP 5: Secure the stainless steel cross blade attachment onto the blending bottle by twisting it in a clockwise direction.

STEP 6: Plug in and switch on the blender at the mains power supply.

STEP 7: Invert the blending bottle and place over the blender power base, twisting it slightly until the tabs drop into the corresponding slots.

STEP 8: To pulse blend the ingredients (recommended for the best results), repeatedly press down and release the blending bottle whilst holding the blender power base with the other hand.

STEP 9: For a continuous blend, press down and hold the blending bottle with one hand whilst holding the blender power base with the other.

STEP 10: Stop blending by releasing the blending bottle and then lift it up and away from the blender power base.

STEP 11: Switch off and unplug the blender from the mains power supply.

STEP 12: Invert the blending bottle and remove the stainless steel cross blade attachment by twisting it in an anticlockwise direction. Replace with the drink lid.

Caution: Do not overload the blender; only fill up to the maximum fill mark, as the mixture level may rise during blending.

Warning: Maximum operation time is 30 seconds. Allow to cool for 1 minute before using the blender again.

Dos and Don'ts

Do:

Ensure that the stainless steel cross blade attachment is securely fitted before use. Add a small amount of cold liquid or reduce the quantity of the ingredients in the blending bottle if the blades are not running smoothly.

If the ingredients do not blend evenly, remove the blending bottle from the blender power base. Shake the blending bottle to redistribute the ingredients and then blend once more.

Caution: Take care when handling the stainless steel cross blade attachment, as the blades may get hot during use. If blending warm ingredients, take care when removing the stainless steel cross blade attachment, as there may be a pressure build-up from blending, which could cause the ingredients to eject from the lid.

Don't:

To prevent the blender from overheating, do not blend dry ingredients for more than 30 seconds at a time.

Warning: Never blend very hot or boiling liquid or food, as this may cause a pressure build-up, which could cause serious injury. Do not blend for long periods of time. Never exceed the maximum fill mark when adding ingredients to the blending bottle, as this could cause spillage and may damage the blender. Do not operate the blender when the blending bottle is empty, cracked or broken.

Thermal Cut-Out Device

The blender is fitted with a thermal safety cut-out device, built-in to prevent it from overheating. Should the blender start to overheat, the thermal safety cut-out system will automatically operate and switch it off.

If this happens, switch off and unplug the blender from the mains power supply and allow it to fully cool for approximately 15 minutes.

Check the stainless steel cross blade attachment for anything that could be causing a blockage.

Plug in and switch on the blender at the mains power supply.

Caution: In order to avoid a hazard, due to inadvertent resetting of the thermal cut-out, this blender must not be supplied through an external switching device such as a timer or connected to a circuit that is regularly switched on and off by the appliance.

Care and Maintenance

STEP 1: Before attempting any cleaning or maintenance, ensure that the blender is switched off and unplugged from the mains power supply.

STEP 2: Wipe the blender power base with a soft, damp cloth and allow to dry thoroughly. Do not immerse the blender power base in water or any other liquid.

STEP 3: Wash all of the parts, except the blender power base in warm, soapy water, taking particular care with the blades, to avoid injury from sharp edges. Rinse and allow to dry thoroughly.

STEP 4: Using extreme caution, clean the blades with a brush and dry carefully.

Note: Always clean the blender immediately after each use. The blender power base is not suitable for use in a dishwasher.

Warning: Handle the stainless steel cross blade attachment with care, as the blades are extremely sharp. Exercise caution when attaching, removing, cleaning or storing the stainless steel cross blade attachment.

Storage

Ensure that the blender is cool, clean and dry.

Never store the blender whilst it is wet.

Reassemble the blender before storing.

Never wrap the cord tightly around the blender; wrap it loosely to avoid causing damage.

Store in a cool, dry place.

Specifications

Product code: EK2251

Operating voltage: 220–240 V~50/60 Hz

Power: 700 W

Troubleshooting

Symptom	Possible Cause	Solution
The blender will not operate.	<p>The blender is not connected to the mains power supply.</p> <p>The stainless steel cross blade attachment is not correctly secured to the blending bottle.</p>	<p>Plug in and switch on the blender at the mains power supply.</p> <p>Ensuring that the threads are correctly aligned, twist the stainless steel cross blade attachment in a clockwise direction until it is secure.</p>
The drink lid will not secure to the blending bottle.		Position the blending bottle on a level surface and attach the drink lid to the top of the blending bottle, ensuring that the threads are correctly aligned. Twist the drink lid in a clockwise direction until it is secure.
The drink still contains lumps.	There are too many ingredients in the blending bottle.	Reduce the amount of ingredients in the blending bottle.
The drink is watery and lacking flavour.	The ingredients have been overblended.	Use the blender to blend ingredients in short bursts for the best results.
Ice will not crush properly and produces ice dust instead.		<p>For the best results, use ice straight from the freezer.</p> <p>Blend the ice in shorter bursts.</p>
The blending bottle is leaking.	The drink lid is not correctly secured to the blending bottle.	Ensuring that the threads are correctly aligned, twist the drink lid in a clockwise direction until it is secure.
The ingredients do not blend well.		<p>Use the blender to blend ingredients in short bursts for the best results.</p> <p>For frozen ingredients, blend in short bursts of approximately 2–5 seconds.</p>

How to Create All of our Delicious Drinks and Smoothies

Method

Chop any large ingredients into small pieces no larger than approximately 2 cm, to help with the blending process.

Place all of the ingredients into the blending bottle and then add the stainless steel cross blade attachment.

Blend until the drink reaches the desired consistency.

Remove the blending bottle from the blender power base and then detach the stainless steel cross blade attachment.

Healthy Recipes to Get you Started



Two to Mango

Ingredients

5 almonds

1 handful spinach

85 g mango (small chunks)

½ avocado (small chunks)

Top-up with water to the maximum fill mark



Cran Full of Berries

Ingredients

100 g strawberries

65 g raspberries

50 g cranberries

Top-up with water to the maximum fill mark



Pumpkin Powerhouse

Ingredients

4 almonds
1 handful spinach
1 banana (small chunks)
35 g pumpkin seeds
Top-up with almond milk to the maximum fill mark



Skin Glow Refresher

Ingredients

5 walnuts
2 handfuls spinach
½ avocado (small chunks)
Top-up with water or almond milk
to the maximum fill mark



Watermelon Raspberry Crush

Ingredients

140 g watermelon (small chunks)
65 g raspberries
100 ml ice
Top-up with water to the maximum fill mark



Kalefornia

Ingredients

10 raspberries
2 handfuls kale
1 carrot (peeled, small chunk)
½ orange (peeled)
Top-up with water to the maximum fill mark



Avocado Pinch Smoothie

Ingredients

3 strawberries
½ small avocado (small chunks)
1 tbsp honey
1 tbsp greek style yoghurt
150 ml milk



Lean n' Green

Ingredients

4 almonds
1 handful kale
175 g broccoli
Top-up with water to the maximum fill mark

Mango and Banana Smoothie

Ingredients

1 small mango (small chunks)
1 small banana (small chunks)
200 ml orange juice
4 ice cubes



OMG Vitalitea

Ingredients

2 handfuls spinach
1 banana (small chunks)
Top-up with chilled, unsweetened green tea to the maximum fill mark



Green n' Go

Ingredients

1 handful kale
½ apple (small chunks)
¼ cucumber
5 g fresh mint
Top-up with water to the maximum fill mark



Nutri Zest

Ingredients

5 raspberries
5 blueberries
2 handfuls kale
Top-up with water to the maximum fill mark



Berry Nutri-Rich Vitamix

Ingredients

5 raspberries
5 red seedless grapes
½ small avocado (small chunks)
1 tsp olive oil
Top-up with water to the maximum fill mark



Nutri Smoothie

Ingredients

8 raspberries
1 small banana (small chunks)
180 g unsweetened coconut milk



Fruit Boost Smoothie

Ingredients

100 g strawberries
100 g melon (small chunks)
100 g watermelon (small chunks)
150 ml fresh orange juice
90 ml pineapple juice
3 ice cubes



Citrus Aid

Ingredients

1 orange
½ lemon
½ lime
2 tbsp honey
Top-up with water to the maximum fill mark

* Any recipe images used in this instruction manual are intended for illustrative purposes only.

Green Greatness

Ingredients

2 handfuls spinach
½ golden apple (small chunks)
¼ lemon
Top-up with water to the maximum fill mark



Berry Protein Blast

Ingredients

1 handful frozen or fresh berries
30 g vanilla or banana protein powder
200 ml skimmed milk
3 ice cubes



Connection To The Mains

Please check that the voltage indicated on the product corresponds with your supply voltage.

Important

As the colours in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug, please proceed as follows:

The wires in the mains lead are coloured in accordance with the following code:

Blue Neutral (N)

Brown Live (L)

FOR UK USE ONLY - Plug fitting details (where applicable).

The wire coloured **BLUE** is the **NEUTRAL** and must be connected to the terminal marked **N** or coloured **BLACK**.

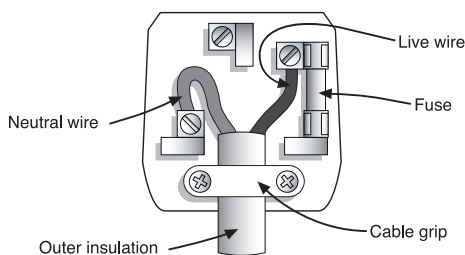
The wire coloured **BROWN** is the **LIVE** wire and must be connected to the terminal marked **L** or coloured **RED**.

On no account must either the **BROWN** or the **BLUE** wire be connected to the **EARTH** terminal (\perp).

Always ensure that the cord grip is fastened correctly.

The plug must be fitted with a fuse of the same rating already fitted and conforming to BS 1362 and be ASTA approved.

If in doubt, consult a qualified electrician who will be pleased to do this for you.



Non-Rewireable Mains Plug

If your appliance is supplied with a non-rewireable plug fitted to the mains lead and should the fuse need replacing, you must use one that is ASTA approved one (conforming to BS 1362 of the same rating).

If in doubt, consult a qualified electrician who will be pleased to do this for you.

If you need to remove the plug, **DISCONNECT IT FROM THE MAINS**, then cut it off the mains lead and immediately dispose of it safely. Never attempt to reuse the plug or insert it into a socket outlet as there is a danger of an electric shock.

UP Global Sourcing, Victoria Street, Manchester OL9 0DD. UK.

If this product does not reach you in an acceptable condition please contact our Customer Services Department by one of the following methods:

Telephone: 0161 934 2240*

*Telephone lines are open Monday–Friday, 9 am–5 pm (Closed Bank Holidays)

Email: customercare@upgs.com

Fax: 0161 628 2126

Please have your delivery note to hand as details from it will be required.

If you wish to return this product, please return it to the retailer from where it was purchased with your receipt (subject to their terms and conditions).

Guarantee

This product is guaranteed for a period of 1 year from the date of purchase against mechanical and electrical defects.

This guarantee is only valid if the appliance is used solely for domestic purposes in accordance with the instructions and provided that it is not connected to an unsuitable electricity supply or dismantled or interfered with in any way or damaged through misuse. Under this guarantee we undertake to repair or replace free of charge any parts found to be defective. Reasonable proof of purchase must be provided.

Nothing in this guarantee or in the instructions relating to this products excludes, restricts or otherwise affects your statutory rights.

In line with our policy of continuous development we reserve the right to change this product, packaging and documentation specification without notice.

Consumables are not guaranteed i.e. plug and fuse.

The crossed out wheellie bin symbol on this item indicates that this appliance needs to be disposed of in an environmentally friendly way when it becomes of no further use or has worn out. Contact your local authority for details of where to take the item for recycling.



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