

SALTER®
Let's **GO Healthy.**



NUTRIPULSE700 W

PRACTICAL, POWERFUL AND EASY TO USE

HEALTHY 'GETTING YOU STARTED' RECIPES INCLUDED



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NUTRIPULSE**700 W**

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Please read all of the instructions carefully and retain for future reference.

Safety Instructions

When using electrical appliances, basic safety precautions should always be followed.

Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply.

Children aged from 8 years and people with reduced physical, sensory or mental capabilities or lack of experience and knowledge can use this appliance, only if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

Children should be supervised to ensure that they do not play with the appliance.

Unless they are older than 8 and supervised, children should not perform cleaning or user maintenance.

This appliance is not a toy.

This appliance contains no user serviceable parts. If the power supply cord, plug or any part of the appliance is malfunctioning, or if the appliance has been dropped or damaged, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm.

Keep the appliance and its power supply cord out of the reach of children.

Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage.

Keep the appliance away from heat emitting appliances.

Keep hands, fingers, hair and any loose clothing away from the rotating tools of the appliance.

Do not touch any moving parts on this appliance during use, as this could cause injury.

Do not immerse the appliance in water or any other liquid.

Do not operate the appliance with wet hands.

Do not use broken or loose cutting or rotating blades.

Do not overload the appliance as the mixture level may rise during blending.

Do not leave the appliance unattended whilst connected to the mains power supply.

Do not remove the appliance from the mains power supply by pulling the cord; switch it off and remove the plug by hand.

Do not use the appliance for anything other than its intended use.

Do not use any accessories other than those supplied.

Do not use this appliance outdoors.

Do not store the appliance in direct sunlight or in high humidity conditions.

Do not move the appliance whilst it is in use.

Do not place boiling water or very hot liquid in the appliance.

Always unplug the appliance after use and before any cleaning or user maintenance.

Always use the appliance on a stable, heat-resistant surface, at a height that is comfortable for the user.

Use of an extension cord with the appliance is not recommended.

This appliance should not be operated by means of an external timer or separate remote control system, other than that supplied with this appliance.

This appliance is intended for domestic use only. It should not be used for commercial purposes.

Warning: Do not touch sharp blades.

Thermal Cut-out Device

The NutriPulse is fitted with a thermal safety cut-out device, built in to prevent it from overheating. Should the NutriPulse start to overheat, the thermal safety cut-out system will automatically operate and switch it off.

If this happens, switch off and unplug the NutriPulse from the mains power supply and allow it to fully cool for approx. 15 minutes.

Check the cross-blade lid attachment for anything that could be causing a blockage.

Plug in and switch on the NutriPulse at the mains power supply.

Caution: In order to avoid a hazard due to inadvertent resetting of the thermal cut-out, the NutriPulse must not be supplied through an external switching device, such as a timer, or connected to a circuit that is regularly switched on and off by the utility.

Care and Maintenance

Switch off and unplug the NutriPulse from the mains power supply before performing any cleaning or user maintenance. Wipe the NutriPulse base unit with a soft, damp cloth and allow to dry thoroughly.

Wash all of the accessories, except the cross-blade lid attachment in warm, soapy water, then rinse and dry thoroughly. Never touch the blades; using extreme caution, clean the blades with a brush and dry carefully.

Never immerse the NutriPulse base unit in water or any other liquid.

Do not use harsh or abrasive scourers to clean the NutriPulse, as this could cause damage.

The NutriPulse is not suitable for use in a dishwasher. Always clean the blender immediately after each use.

Warning: Handle the cross-blade lid attachment with care, as the blades are sharp. Exercise caution when attaching, removing, cleaning or storing the attachments.

Getting Started

Remove the appliance from the box.
Remove any packaging from the appliance.
Place the packaging inside the box and either store or dispose of safely.

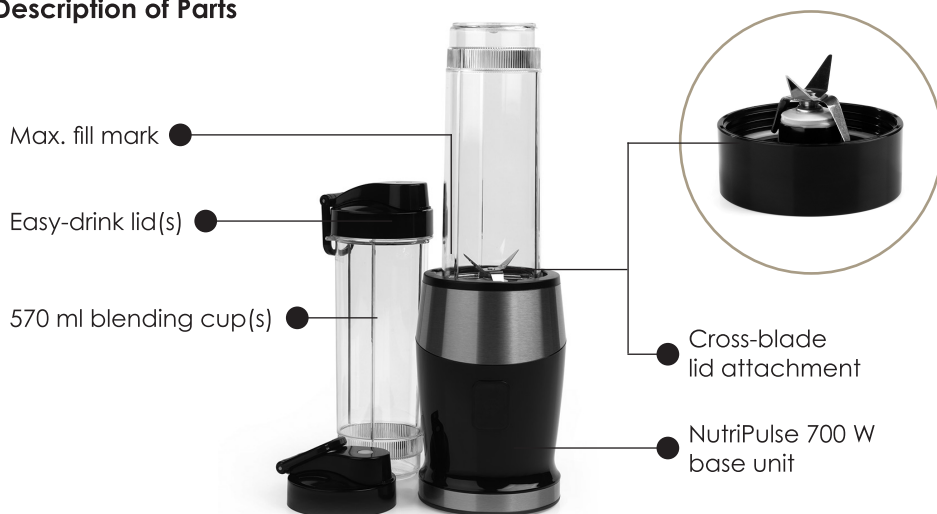
In the Box

NutriPulse base unit	2 x 570 ml blending cups
Cross-blade lid attachment	2 x easy-drink lids

Features

700 W power	Sleek, slimline design that is lightweight,
Stainless steel cross blade	compact and shatter-resistant
2 x 570 millilitre capacity BPA-free bottles	Easy to carry and use for an active lifestyle
2 easy-drink lids	

Description of Parts



Introduction

The NutriPulse is versatile and compact, making it perfect for those on the go. It makes light work of crushing ice, chopping and blending as well as nutrient and vitamin extraction. The lightweight design is sleek and shatter-resistant, with easy-to-carry cups ideal for an active lifestyle.

Instructions for Use

Before First Use

Before using the NutriPulse for the first time, wash all of the accessories in warm, soapy water, then rinse and dry thoroughly. Wipe the NutriPulse base unit with a soft, damp cloth and allow to dry thoroughly. Do not immerse the NutriPulse base unit in water or any other liquid.

Note: When using the NutriPulse for the first time, a slight odour may be emitted. This is normal and will soon subside. Allow for sufficient ventilation around the NutriPulse.

Using the NutriPulse 700 W

STEP 1: Position the NutriPulse base unit onto a flat, stable surface, at a height that is comfortable for the user.

STEP 2: Place the ingredients into the blending cup, making sure that they are no larger than 3 cm in size and that they do not exceed the max. fill mark.

STEP 3: Pour a small amount of chosen liquid into the blending cup; this will help to blend the ingredients.

STEP 4: Secure the cross-blade lid attachment onto the blending cup by twisting it in a clockwise direction.

STEP 5: Plug in and switch on the NutriPulse at the mains power supply.

STEP 6: Invert the blending cup so that the cross-blade lid attachment is facing downwards. Align the three tabs in the cross blade lid attachment with the corresponding slots on the NutriPulse base unit and then gently push it down. Twist the blending cup clockwise to lock it into position.

STEP 7: For a continuous blend, press and hold the power button. To stop blending, release the power button. To pulse blend the ingredients, repeatedly press and release the power button until the desired consistency is reached.

STEP 8: When the ingredients are sufficiently blended, switch off and unplug the NutriPulse from the mains power supply.

STEP 9: Gently twist the blending cup in an anticlockwise direction and lift away from the NutriPulse base unit.

STEP 10: Invert the blending cup and remove the cross-blade lid attachment by twisting it in an anticlockwise direction. Replace it with an easy-drink lid if required.

Note: Check that the lid is securely fitted before use.

If the blades are not running smoothly, stop the NutriPulse and carefully remove the cross-blade lid attachment.

Add a small amount of cold liquid or reduce the quantity of the ingredients in the blending cup.

When mixing liquid, use a tall container or blend small quantities at a time to reduce spillage, splattering and the possibility of injury from scalding.

Caution: Take care when handling the cross-blade lid attachment, as the blades may get hot during use.

Warning: Do not blend warm or hot liquid or food, as this may cause a pressure build-up and serious injury.

Do not blend for long periods of time. Max. operation time is 45 seconds; allow the NutriPulse to cool for 1 minute before using it again. Using the NutriPulse for longer than 45 seconds at a time will cause the temperature to increase, which may in turn lead to a pressure build-up.

If this happens, switch off and unplug the NutriPulse from the mains power supply and allow it to cool thoroughly before attempting to remove the cross-blade lid attachment.

Warning: Do not immerse the blending cup in cold water at this time.

Do not exceed the max. fill mark when adding ingredients to the blending cup, as this could cause spillage and may damage the NutriPulse.

Do not operate the NutriPulse if the blending cup is cracked, broken or empty.

Handy Hint

If the ingredients do not blend evenly, remove the blending cup from the NutriPulse base unit. Shake the blending cup to redistribute the ingredients and then blend once more.

Storage

Reassemble the NutriPulse.

Check that the NutriPulse is cool, clean and dry before storing in a cool, dry place.

Specifications

Product code: EK2706

Operating voltage: 220–240 V ~ 50/60 Hz

Power: 700 W

Troubleshooting

Symptom	Possible Cause	Solution
The NutriPulse will not operate.	<p>The NutriPulse is not connected to the mains power supply.</p> <p>The cross-blade lid attachment is not correctly secured to the blending cup.</p>	<p>Plug in and switch on the NutriPulse at the mains power supply.</p> <p>Checking that the threads are correctly aligned, twist the cross-blade lid attachment in a clockwise direction until it is secure.</p>
The blending attachment or lid will not secure to the blending cup.		Position the blending cup on a level surface and attach the blending attachment or lid to the top of the blending cup, so that the threads are correctly aligned. Twist the required lid in a clockwise direction until it is secure.
The drink still contains lumps.	There are too many ingredients in the blending cup.	Reduce the amount of ingredients in the blending cup.
The drink is watery and lacking flavour.	The ingredients have been overblended.	Use the NutriPulse to pulse blend ingredients in short bursts for the best results.
Ice will not crush properly and produces ice dust instead.		For the best results, use ice straight from the freezer.
The blending cup is leaking.	The required lid is not correctly secured to the blending cup.	Checking that the threads are correctly aligned, twist the required lid in a clockwise direction until it is secure.
The ingredients do not blend well.		<p>Use the NutriPulse to pulse blend ingredients in short bursts for the best results.</p> <p>For frozen ingredients, pulse blend in short bursts of approx. 2–5 seconds.</p>

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How To Create All Of Our Delicious Drinks And Smoothies

Method

Chop any large ingredients into small pieces no larger than 3 cm, to help with the blending process.

Place all of the ingredients into the large blending cup and then add the cross-blade lid attachment.

Invert the blending cup and place it onto the NutriPulse base unit.

Blend until the drink reaches the desired consistency.

Remove the blending cup from the NutriPulse base unit and then detach the cross-blade lid attachment.

Attach the easy-drink lid to enjoy straight from the blending cup.

Healthy Recipes To Get You Started



Kaleifornia

Ingredients

2 handfuls kale

1 carrot (peeled and chopped)

1 cup strawberries

½ orange (peeled)

Top up with water to the max. fill mark



Berry Bonanza

Ingredients

½ banana

½ cup mixed berries

½ cup pineapple juice

2 tbsp natural yoghurt

Top up with almond milk to the max. fill mark



Matcha Made in Heaven

Ingredients

2 handfuls spinach
1 kiwi fruit (peeled)
½ cucumber (peeled)
½ cup chopped watermelon
Top up with water or almond milk
to the max. fill mark



Grapefuzz

Ingredients

1 handful spinach
½ cup chopped pineapple
½ cup chopped mango
¼ lime
¼ grapefruit
1 tbsp flax seeds
Top up with water to the max. fill mark



Berry Belly

Ingredients

2 handfuls kale
1 cup mixed berries
½ avocado
Top up with water to the max. fill mark



Very Seedy

Ingredients

2 handfuls kale
½ carrot (peeled and chopped)
½ cup strawberries
1 tbsp sunflower seeds
1 tbsp pumpkin seed
Top up with water to the max. fill mark



Cran Full of Berries

Ingredients

- $\frac{2}{3}$ cup cranberries
- $\frac{2}{3}$ cup raspberries
- $\frac{2}{3}$ cup strawberries

Top up with water to the max. fill mark

Berry Healthy

Ingredients

- 2 handfuls spinach
 - $\frac{1}{2}$ banana (peeled)
 - $\frac{1}{2}$ cup frozen blueberries
 - 2 tbsp oats
- Top up with skimmed milk to the max. fill mark



Lime Yours

Ingredients

- 1 orange (peeled)
- $\frac{1}{2}$ lime (freshly squeezed)
- $\frac{1}{2}$ mango (chopped)
- $\frac{1}{2}$ banana
- $\frac{1}{4}$ pineapple (chopped)

Top up with water to the max. fill mark



Maca Berry

Ingredients

- 2 handfuls spinach
 - $\frac{1}{2}$ cup blueberries
 - $\frac{1}{2}$ cup pineapple (chopped)
 - 1 tbsp maca powder
- Top up with water to the max. fill mark



An Apple a Day...

Ingredients

2 handfuls spinach
2 kiwis (peeled)
1 apple (cored)
1 carrot (peeled)
Top up with water to the max. fill mark



Juice Me Up!

Ingredients

1 orange (peeled)
½ cup pineapple chunks
½ cup frozen berries
½ banana (peeled)
1 tsp chia seeds
Top up with water to the max. fill mark



Sunrise Smoothie

Ingredients

1 banana (peeled)
1 apple (cored and peeled)
1 strawberry
Top up with orange juice to the max. fill mark



Banana Marshall

Ingredients

½ banana (peeled)
1 cup blueberries
1 cup oats
1 cup yoghurt
1 tsp honey
Top up with water to the max. fill mark





Tutti Frutti

Ingredients

½ overripe banana (peeled)

½ cup raspberries

½ cup strawberries

½ cup yoghurt

Top up with orange juice to the max. fill mark

Green Protein Machine

Ingredients

2 handfuls spinach

1 cup frozen pineapple chunks

½ cup Greek yoghurt

¼ banana (peeled)

2 tsp honey

Top up with water to the max. fill mark



Nuts about Bananas

Ingredients

1 banana (peeled)

2 tsp flax seeds

1 tsp peanut butter

1 tsp honey

Top up with almond milk (or skimmed milk)
to the max. fill mark



'Ava Banana Smoothie

Ingredients

1 banana (peeled)

½ avocado

½ cup yoghurt

1 tsp chia seeds

Top up with orange juice to the max. fill mark



Keep it Smooth

Ingredients

1 cup watermelon chunks

1 cup strawberries

1 cup yoghurt

1 tsp lemon juice

Top up with water to the max. fill mark



Banana and Raspberry Boost

Ingredients

1 cup raspberries

½ banana (peeled)

½ cup yoghurt

1 tsp honey

Top up with almond milk (or skimmed milk)
to the max. fill mark

Notes

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Connection To The Mains

Please check that the voltage indicated on the product corresponds with your supply voltage.

Important

As the colours in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug, please proceed as follows:

The wires in the mains lead are coloured in accordance with the following code:

Blue Neutral (N)

Brown Live (L)

FOR UK USE ONLY - Plug fitting details (where applicable).

The wire coloured **BLUE** is the **NEUTRAL** and must be connected to the terminal marked **N** or coloured **BLACK**.

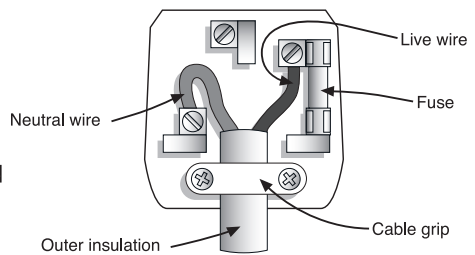
The wire coloured **BROWN** is the **LIVE** wire and must be connected to the terminal marked **L** or coloured **RED**.

On no account must either the **BROWN** or the **BLUE** wire be connected to the **EARTH** terminal (\equiv).

Always ensure that the cord grip is fastened correctly.

The plug must be fitted with a fuse of the same rating already fitted and conforming to BS 1362 and be ASTA approved.

If in doubt, consult a qualified electrician who will be pleased to do this for you.



Non-Rewireable Mains Plug

If your appliance is supplied with a non-rewireable plug fitted to the mains lead and should the fuse need replacing, you must use one that is ASTA approved one (conforming to BS 1362 of the same rating).

If in doubt, consult a qualified electrician who will be pleased to do this for you.

If you need to remove the plug, **DISCONNECT IT FROM THE MAINS**, then cut it off the mains lead and immediately dispose of it safely. Never attempt to reuse the plug or insert it into a socket outlet as there is a danger of an electric shock.

**UP Global Sourcing UK Ltd.,
Victoria Street, Manchester OL9 0DD. UK.**

If this product does not reach you in an acceptable condition please contact our Customer Services Department by one of the following methods:

Telephone: 0161 934 2240*

*Telephone lines are open Monday–Friday, 9 am–5 pm (Closed Bank Holidays)

Email: customercare@upgs.com

Fax: 0161 628 2126

Please have your delivery note to hand as details from it will be required.

If you wish to return this product, please return it to the retailer from where it was purchased with your receipt (subject to their terms and conditions).

Guarantee

All products purchased as new carry a manufacturer's guarantee; the time period of the guarantee will vary dependent upon the product. Where reasonable proof of purchase can be provided, Salter will provide a standard 12 month guarantee with the retailer from the date of purchase. This is only applicable when products have been used as instructed for their intended, domestic use. Any misuse or dismantling of products will invalidate any guarantee.

Under the guarantee, we undertake to repair or replace free of any charge any parts found to be defective. In the event that we cannot provide an exact replacement, a similar product will be offered or the cost refunded. Any damages from daily wear and tear are not covered by this guarantee, nor are consumables such as plugs, fuses etc.

Please note that the above terms and conditions may be updated from time to time and we therefore recommend that you check these each time you revisit the website.

Nothing in this guarantee or in the instructions relating to this product excludes, restricts or otherwise affects your statutory rights.

The crossed out wheelie bin symbol on this item indicates that this appliance needs to be disposed of in an environmentally friendly way when it becomes of no further use or has worn out. Contact your local authority for details of where to take the item for recycling.



Go to www.salterhousewares.co.uk
to register your product for a
12 month guarantee.



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