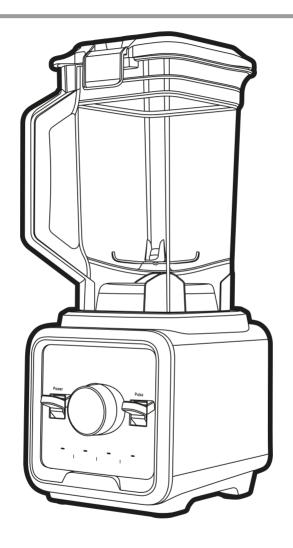
# **User manual**

Blender

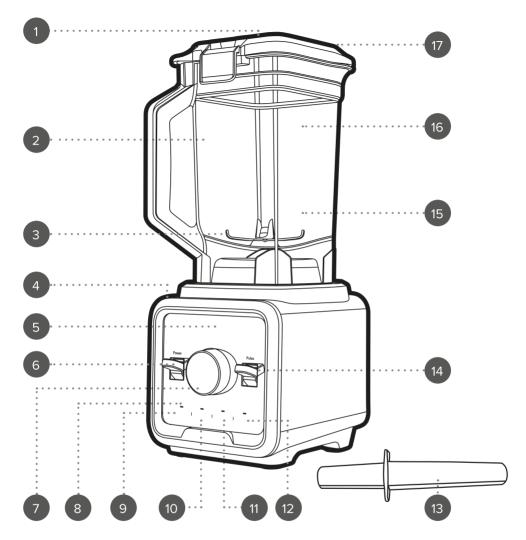




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## **Description of parts**



- 1. Filler cap
- 2. Plastic jug
- 3. Blades
- 4. Blender base unit
- 5. Power indicator light
- 6. Power switch
- 7. Speed control dial
- 8. Digital control panel
- 9. Smoothie function

- 10. Blend function
- 11. Ice crush function
- 12. Frozen dessert function
- 13. Stirrer
- 14. Pulse function switch
- 15. Min. fill mark (0.5 L)
- 16. Max. fill mark (2 L)
- 17. Lid

Please retain instructions for future reference.

#### SAFETY INSTRUCTIONS

- When using electrical appliances, basic safety precautions should always be followed.
- Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply.
- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities and knowledge, if they have been supervised/ instructed and understand the hazards involved.
- Children shall not play with the appliance.
- Children should not perform cleaning or user maintenance, unless they are older than 8 and supervised.
- This appliance is not a toy.
- If the power supply cord, plug or any part of the appliance is malfunctioning or if it has been dropped or damaged, cease using the product immediately to avoid potential injury.
- This appliance contains no user serviceable parts, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm.
- Keep the appliance and its power supply cord out of the reach of children.
- Keep the appliance out of the reach of children when it is switched on or cooling down.
- Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage.
- Keep the power supply cord away from any parts of the appliance that may become hot during use.
- Keep the appliance away from other heat emitting appliances.
- Do not allow the power supply cord to hang over worktops, touch hot surfaces or become twisted.
- Do not immerse the electrical components of this appliance in water or any other liquid.
- Do not operate the appliance with wet hands or if any connections

are wet.

- If this appliance falls or accidentally becomes immersed in water, unplug it from the wall outlet immediately. Do not reach into the water.
- Do not leave the appliance unattended whilst connected to the mains power supply.
- Do not remove the appliance from the mains power supply by pulling the cord; switch it off and remove the plug by hand.
- Do not pull or carry the appliance by its power supply cord.
- Do not use the appliance for anything other than its intended use.
- Do not move the appliance whilst it is in use.
- Do not use any accessories other than those supplied.
- Do not use any damaged accessories.
- Do not use this appliance outdoors.
- Do not store the appliance in direct sunlight or in high humidity conditions.
- Do not touch any moving parts on this appliance during use, as this could cause injury.
- Do not touch any sections of the appliance that may become hot during use, as this could cause injury.
- Always unplug the appliance after use and ensure it has cooled fully before any cleaning, user maintenance or storing away.
- Always use the appliance on a stable, heat-resistant surface, at a height that is comfortable for the user. Use of an extension cord with the appliance is not recommended.
- This appliance should not be operated by means of an external timer or separate remote control system.
- This appliance is intended for domestic use only. It should not be used for commercial purposes.



**CAUTION:** Keep hands, fingers, hair and any loose clothing away from the rotating tools of the appliance.



WARNING: Do not touch sharp blades.

#### Dos and don'ts

#### DO:

Chop ingredients into approx. 2 cm pieces before blending.

Add liquid before adding solid ingredients; ensure equal parts are added.

If the ingredients do not blend evenly, remove the plastic jug from the blender base unit. Use the stirrer to redistribute the ingredients and then blend once more.

Exercise caution when cleaning the blade.

#### DO NOT:

Dry blend or blend hot ingredients/liquids.

Exceed the max. fill line.

Use the stirrer whilst the blender is running.

Blend for more than approx. 2 minutes at a time.

Clean the plastic jug with boiling water.

#### Care and maintenance

**STEP 1:** Switch off and unplug the blender from the mains power supply before performing any cleaning or user maintenance.

**STEP 2:** Wipe the blender base unit with a soft, damp cloth and allow to dry thoroughly.

**STEP 3:** Wash the plastic jug and attachments in warm, soapy water, then rinse and dry thoroughly.

Never touch the blades; using extreme caution, clean the blade attachment with a brush or sponge under a running tap and allow to air dry.

Never use harsh or abrasive detergents or scourers to clean the blender, as this could cause damage.



**NOTE:** Always clean the blender immediately after each use. The blender is not suitable for use in a dishwasher.



**WARNING:** Handle the plastic jug with care, as the blades are extremely sharp.

## Instructions for use Before first use

Before connecting to the mains power supply, clean the blender following the instructions in the section entitled 'Care and maintenance'.



**NOTE:** When using the blender for the first time, a slight smoke or odour may be emitted. This is normal and will soon subside. Allow for sufficient ventilation around the blender.

## Using the control panel Manual function

**STEP 1:** To blend the ingredients, turn the control dial to the desired speed setting.

**STEP 2:** Turn the control dial to '0' to stop blending.

Press and hold the pulse function switch to activate pulse function; release to stop. The pulse function provides quick bursts of speed useful for more solid foods.

#### **Preset functions**

The blender has 4 preset functions. Select a preset function by pressing one of the function buttons below the speed control dial. The blender will automatically start blending after a function is selected.

Function	Operation time
Smoothie	Approx. 1 minute
Blend	Approx. 2 minutes
Ice crush	Approx. 1 minute
Frozen dessert	Approx. 1 minute 45 seconds

## Using the blender

**STEP 1:** Position the blender base unit onto a flat, stable surface at a height that is comfortable for the user.

**STEP 2:** Place the plastic jug on top of the blender base unit, ensuring the handle is towards the front with the lid securely locked into place. The blender will not operate if the jug is not in the correct place.

**STEP 3:** Pour the required amount of liquid into the plastic jug. Make sure it does not exceed the max. fill mark. The filler cap can be used as a small measuring cup.

**STEP 4:** Chop the ingredients to be blended into chunks approx. 2 cm and then place them into the plastic jug. Make sure they do not exceed the max. fill mark

**STEP 5:** Secure the jug lid and filler cap onto the plastic jug using the clips on either side of the lid.

**STEP 6:** Plug in and switch on the blender at the mains power supply. Push the power switch down. The power indicator light will illuminate to show that the blender is ready to be used.

**STEP 7:** Follow the steps in the section entitled 'Using the control panel' to start blending.

**STEP 8:** Push the power switch up, switch off and unplug the blender from the mains power supply.

**STEP 9:** Detach the plastic jug from the blender base unit by twisting and pulling it away from the blender base unit.



**NOTE:** Ensure the filler cap is in place before blending. Ingredients can be carefully added whilst the blender is in operation via the filler cap. Twist the filler cap and pull away to remove. Ensure the area surrounding the blender is clear before use.



**WARNING:** Maximum operation time is approx. 2 minutes. Allow to cool for approx. 2 minutes before using the blender again. Use little to no liquid when using the '**Ice crush**' preset function. Too much liquid can cause the unit to wobble whilst in use.

## **Troubleshooting**

Symptom	Solution
The blender will not operate.	Ensure the blender is plugged into the mains power supply. Ensure the plastic jug and lid are fully secured in place.
The drink still contains lumps or has not blended well.	Reduce the amount of solid ingredients in the plastic jug or add more liquid. Use the pulse function in short bursts for harder ingredients and ice.
The drink is watery and lacking flavour.	Use the pulse function in short bursts to ensure the ingredients are not over-blended.

### **Storage**

Reassemble the blender.

Check that the blender is cool, clean and dry before storing in a cool, dry place. Never wrap the cord tightly around the blender; wrap it loosely to avoid causing damage.

## **Specifications**

Product code: EK6164

Input: 220-240 V ~ 50/60 Hz

Output: 2000 W

## **Smoothie Colour Dial**

Trying to achieve a certain colourway?

To keep your smoothies looking a beautiful sharp colour, avoid adding dark fruits/greens

2 Use the fruits below to give your smoothies a bright colour

açai /
blackberry /
blueberry

dragon fruit /
passion fruit /
melon
Pink

cherries / tomatoes / strawberries

peach / orange / pumpkin

<u>Orange</u>

banana / pineapple / lemon

milk / coconut / oats

matcha / cucumber / grapes

Green

For more info and ingredients visit: www.salter.com



## Green juice

#### **Ingredients**

1 red grapefruit, peeled and chopped 1 lemon, peeled and chopped 1 green apple, peeled and chopped 1 cucumber, chopped 600 ml coconut water 2 tbsp chia seeds 4 tsp greens powder (optional)

#### Method

Pour the coconut water into the plastic iua.

Add the grapefruit, lemon, apple, cucumber and chia seeds. Add greens powder as desired.

Press 'Smoothie' to blend.

#### **Breakfast smoothie**

#### **Ingredients**

2 bananas, peeled and chopped 1 avocado, peeled and chopped 600 ml milk 100 g berries of choice 50 g baby spinach 1 tsp cinnamon 1 tsp vanilla extract 2 tbsp almond butter

#### Method

Pour the milk into the plastic jug. Add the remaining ingredients. Press 'Smoothie' to blend.

## **Tropical smoothie**

## **Ingredients**

2 bananas 1 lime, juiced 600 ml coconut milk 150 g mango, chopped 150 g pineapple, chopped 20 g passion fruit

#### Method

Pour the coconut milk and lime juice into the plastic jug. Add the remaining ingredients. Press 'Smoothie' to blend.



### **Berry smoothie**

### **Ingredients**

150 g raspberries 150 g cherries 100 g blackberries 600 ml pomegranate juice

#### Method

Add the pomegranate juice to the plastic iug.

Add the remaining ingredients. Press '**Smoothie**' to blend.

#### **BLEND**

## Gazpacho

### **Ingredients**

2 garlic cloves, minced
1–2 chilis, chopped (optional)
1 cucumber, chopped
½ red onion, chopped
700 g vine tomatoes, chopped
125 ml olive oil
30 g parsley, chopped
3 tbsp red wine vinegar
½ tsp salt
½ tsp black pepper

#### Method

Add the olive oil and red wine vinegar to the plastic jug.
Add the remaining ingredients.
Press '**Blend**' to blend.
Pour into a sealed container and chill for approx. 1–2 hours before serving.

## **Chilled coconut soup**

## Ingredients

4 spring onions, chopped
2 garlic cloves, minced
1 red pepper, chopped
1 veg stock cube
400 ml coconut milk
400 g tomatoes, chopped
20 g ginger, peeled and chopped
3 tbsp tomato purée
1 tbsp olive oil

1 tsp smoked paprika 1 tsp ground cumin ½ tsp salt

½ tsp black pepper

#### Method

Add the coconut milk and chopped tomatoes to the plastic jug.

Add the remaining ingredients.

Press 'Blend' to blend.

Pour into a sealed container and chill for approx. 1–2 hours before serving.

### Peach protein shake

### **Ingredients**

100 g peaches, sliced 100 g raspberries 100 g Greek yoghurt

200 ml milk

30 g protein powder

### Method

Add the milk to the plastic jug. Add the remaining ingredients. Press '**Blend**' to blend.

### Dark chocolate hazelnut spread

## Ingredients

250 g hazelnuts 25 g sugar 25 g cacao powder

100 ml coconut milk

3 tbsp coconut oil

1 tsp salt

1 tsp vanilla bean paste

### Method

Put the hazelnuts on a baking tray and bake in the oven for approx. 10 minutes at 160 °C, stirring halfway through.

Add the coconut milk and hazelnuts to the plastic jug.

Press 'Blend' to blend.

Stir and add the sugar, cacao and coconut oil.

Press 'Blend' to blend.

Stir and add the salt and vanilla bean

paste.

Press 'Blend' to blend.

#### **ICE CRUSH**

## Mixed berry slush

### **Ingredients**

700 g ice

400 ml mixed berry cordial

#### Method

Add the mixed berry cordial to the plastic jug. Add the ice.
Press 'Ice Crush' to blend.

## Frappuccino

## **Ingredients**

700 g ice 250 ml milk

150 ml cold coffee

#### Method

Add the coffee and milk to the plastic jug. Add the ice.

Press 'Ice Crush' to blend.

## Frozen caipirinha

## **Ingredients**

600 g ice 200 ml cachaça

60 ml lime juice

40 ml sugar syrup

## Method

Add the cachaça, lime juice and sugar syrup to the plastic jug. Add the ice.

Press 'Ice Crush' to blend.

### **FROZEN DESSERT**

## Frozen yoghurt

## **Ingredients**

500 g yoghurt 350 g strawberries, frozen 5 g mint, chopped 3 tbsp maple syrup

#### Method

Add the yoghurt and maple syrup to the plastic jug.

Add the mint and strawberries. Press 'Frozen Dessert' to blend.

Mango coconut ice cream

### Ingredients

500 g mango, frozen 500 ml coconut milk

#### Method

Add the coconut milk to the plastic jug. Add the mango.

Press 'Frozen Dessert' to blend.

#### Banana ice cream

#### Ingredients

4 bananas, sliced and frozen 250 ml coconut milk 60 g chocolate chips 4 tbsp peanut butter

2 tbsp maple syrup 1 tsp vanilla extract

#### Method

Add the coconut milk, maple syrup and vanilla extract to the plastic jug. Add the peanut butter and frozen bananas.

Press '**Frozen Dessert**' to blend. Stir in the chocolate chips.

## Açai bowl

### **Ingredients**

1 banana, chopped 200 ml coconut milk 150 g frozen mixed berries 80 g granola 2 tsp açai powder 2 tsp chia seeds

2 tsp coconut flakes

### Method

Add the coconut milk to the plastic jug.

Add the mixed berries, banana and açai powder.

Press 'Frozen Dessert' to blend. Pour into 2 bowls and top with the granola, chia seeds and coconut flakes.

#### **PULSE**

#### Guacamole

## Ingredients

4 ripe avocados, chopped 2 vine tomatoes, chopped 1 lime, juiced ½ red onion, chopped ½ tsp sea salt

#### Method

Add the avocado, tomatoes and onion to the plastic jug.
Add the lime juice and sea salt.
Press and release '**Pulse**' to blend; wait for the blades to stop moving.
Repeat for 20–30 seconds until the guacamole has the desired consistency.

#### Salsa verde

### Ingredients

1 garlic clove, chopped
1 lime, zested and juiced
½ red onion, chopped
40 g jalapeños
30 g basil, chopped
30 g parsley, chopped
30 g mint, chopped
2 tbsp apple cider vinegar

#### 1½ tbsp capers **Method**

Add the basil, parsley, mint, garlic and red onion to the plastic jug. Add the remaining ingredients. Press and release 'Pulse' to blend; wait for the blades to stop moving. Repeat for approx. 20–30 seconds until the salsa verde has the desired

Mediterranean pesto

## **Ingredients**

consistency.

2 garlic cloves ½ lemon, juiced 100 g basil, chopped 90 g sundried tomatoes, chopped 60 g almonds, soaked 100 ml walnut oil

2 tbsp parmesan or nutritional yeast

#### Method

Place the almonds in a bowl and cover with water. Leave to soak for 12–24 hours.

Add the basil and sundried tomatoes to the plastic jug.

Add the remaining ingredients.

Press and release '**Pulse**' to blend; wait for the blades to stop moving. Repeat for approx. 1 minute until the pesto has the desired consistency.

### **Curry paste**

### **Ingredients**

5 garlic cloves, chopped
1–3 chilis, chopped
1 lime, juiced
1 stalk of fresh lemongrass, chopped
½ red onion, chopped
400 ml tinned coconut milk
50 g fresh parsley
40 g ginger, peeled and chopped
3 tbsp sesame oil
1 tsp coriander seeds
1 tsp cumin seeds

#### Method

Add the ginger, garlic, chillis, lemongrass and onion to the plastic jug.

Add the parsley, lime juice, sesame oil, coriander seeds and cumin seeds.

Press 'Pulse' to blend. After approx. 10 seconds, turn off the blender and use the stirrer to move the ingredients closer to the blade. Repeat until the curry paste has the desired consistency. Stir in the coconut milk.



#### Disposal of Waste Batteries and Electrical and Electronic Equipment

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This symbol on the product, its batteries or its packaging means that this product and any batteries it contains must not be disposed of with household waste. Instead, it is the user's responsibility to hand this over to an applicable collection point for the recycling of batteries and electrical and electronic equipment. This separate collection and recycling will help to conserve natural resources and prevent potential negative consequences for human health and the environment due to the possible presence

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