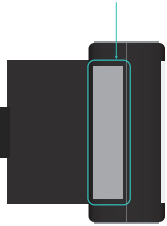


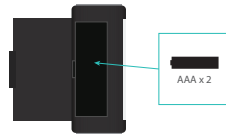
Please confirm your model number is:

BPW-9154

The model no. is located on the side of your product



### Step 1



Ensure that the batteries are correctly fitted and Bluetooth is enabled on your mobile device

### Step 2

Please choose a user number for your measurements



### Step 3



When the blood pressure monitor is off press and hold the button until the pairing animation is displayed

If it does not, turn the monitor off and then press and hold the button until the animation appears

### Step 4

Select User Number



Turn the device on and press the MEM button to cycle between users 1, 2 and guest, press START/STOP to confirm your user number

Guest readings are not saved

### Step 5



Place the cuff around your wrist following the printed directions and press the START/STOP button

Ensure you sit still with your arm below your heart for the entire procedure

### Step 6



If your blood pressure monitor is on and your app is open then your data will be synced automatically

If your monitor is unable to connect, then your data will be saved to your monitor until a connection is available

### Step 7



If your device is out of range or the app is closed ERROR will be displayed

The data is saved on the monitor and transferred next time there is a successful connection